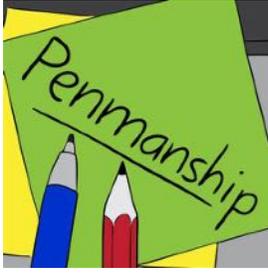


Penmanship Club

控笔书写训练



In penmanship club, students can practice sitting posture and holding posture, refine movement training, and standardise writing of Chinese characters and English words. Help students correct some bad habits of holding the pen and develop good writing ability. Exercise children's hand coordination ability, hand strength, improve children's concentration, improve the neatness and beauty of writing.

控笔书写俱乐部，学生会练习坐姿、握笔姿势，精细化动作训练，规范汉字、英文单词书写和占格。帮助学生矫正一些不好的握笔习惯，养成科学良好的书写能力。锻炼孩子手部的协调能力，手部力量、提高孩子的专注力，提升书写整洁性和美观性。

Eligible Students: K-G2

Maximum Number: 10

Time: Thursday 15:45-16:45

Club Location: A205

Club Leader: Ms. Cui Bing

Club Fee: 1300 RMB/season

Teaching Language: Chinese

Music Master

音乐大师课



Here is the music and instrumental learning: ukulele, guitar, cucurbit flute, harmonica... all can be learned in the club. You will play those instruments as a band in any occasion.

在这里，学生会得到音乐和器乐学习，尤克里里, 吉他, 葫芦丝, 口琴...都可以在课程中得到学习, 从零教学, 可以器乐配合, 组合乐队, 在班里, 学校, 都可以表演!

Eligible Students: K-G2

Maximum Number: 20

Time: Thursday 15:45-16:45

Club Location: A110

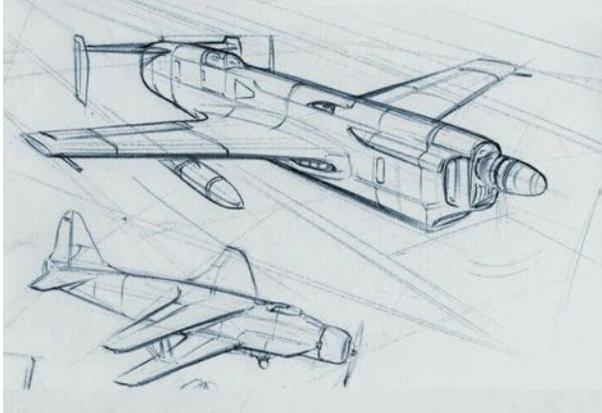
Club Leader: Mr. Kang Haifeng (Guest teacher)

Club Fee: 2000RMB/season

Teaching Language: Chinese

Aeromodelling and Space

航模俱乐部



Flying is the most beautiful fantasy of all children. To explore sky and universal, is derived from the original scientific dream of human beings. Kids always do have a curiosity of knowing how does a plane actually fly? Aeromodelling is the platform where they can get all their questions solved. Our class teaches children the basic theories of model engineering. This will help them in their future career choices and give back to them for life. It's a very noble hobby. Pursuing this hobby will allow you to be creative in choosing an aviation career such as aeronautical engineer, flight engineer or aircraft maintenance engineer. Aeronautical modeling teaches basic aerodynamics, flight principles, weight and balance, external and internal parts of an aircraft and its engines. Aeromodelling is one of the world's finest hobbies and an art of making various types of aircraft models which can actually fly.

飞翔，是所有孩子最奇丽的幻想。翱翔天空寰宇，正是源于人类最初的科学梦想。孩子们总是很好奇飞机到底是怎么飞的？航模课程是他们解决所有这类问题的平台。这有助于他们理解“空气动力学”或“飞行物理学”。这是一个非常“高”的爱好，将裨益于他们的未来职业选择并回馈终身。追求这个爱好可以让他们带着创造性能力选择航空工程师、飞行工程师或飞机维修工程师等航空职业。课程将传授给孩子们模型工程学的基本理论，教授基本的空气动力学，飞行原理，重量和平衡，了解和熟悉飞行器动力装置。航模制作是关于机械和工程最棒的爱好之一，也是一门制作各种能真正飞行的飞机模型的艺术。

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: A104

Club Leader: Mr. Zheng Yu (Guest teacher)

Club Fee: 2170 RMB/season

Teaching Language: Chinese

STEAM Engineering

创客工程师



STEAM is a popular word that is often mentioned, but some parents and children may not fully understand what it means. STEAM stands for science, technology, engineering and mathematics. When we talk about STEM skills, we're talking about the personal skills needed for science, math and engineering, and the skills needed to use technology effectively. This course allows children to think outside the box, find solutions to problems through experiment, trial and error, and put into practice many of the skills they gain as they grow up. Here, you can use your imagination and creativity, work together, and complete your work in multiple trials. The key to your activities and experiences is the ability to think, discover, implement, think again, discover again, and solve again.

STEAM 是一个经常被提及的流行词汇，但是一些父母和孩子可能并不完全理解它的意思。STEAM 是科学、技术、工程、艺术和数学的缩写。创客工程课让孩子们有机会追随自己的激情，持续追问“为什么？”“寻找答案，亲自设计、绘制、建造创造、解决问题、最重要的是：孩子们会玩得开心。本课程鼓励创新、解决问题和合作。它让孩子们跳出思维定形的框框，通过实验、尝试和错误找到问题的解决方案，同时把他们在成长过程中获得的许多技能付诸实践。最重要的是，孩子们能确保专注于“做”。选择一个可以让孩子们自己参与活动的班级。经常会有团队合作，孩子们成对或小组合作。这允许孩子们发展交流技巧，轮流，结交新朋友，学会妥协和分享想法。确保活动的设计是有趣和吸引人的。无论你的孩子参加什么类型的课外活动，他们都应该对他们所学到的充满热情地离开课堂！孩子需要探索 and 发现。这是创新的过程；在失败中寻找答案。“科学家总是失败；我们只是用不同的方式进行记录。我们称之为‘数据’。（艾妮萨·拉米雷斯美国材料科学家和科学传播者）

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: A105

Club Leader: Ms. Zhang Jingying (Guest teacher)

Club Fee: 2170 RMB/season

Teaching Language: Chinese

Costume Arts Designing

芭比娃娃创意服装



Barbie doll fashion costume design is a classic art world. Small doll, can make the most creative and individual art design. In this issue, we focus on the artistic creation of different clothing themes. At the same time, also want to undertake each kind of bold attempt to different material. From simple single-layer balloon creative clothing, to complex full set of inside and outside clothing and accessories matching challenges, seemingly simple may not be simple, while seemingly complex may not be complicated in reality. Bring your dolls to life with your hands.

您的孩子对时尚感兴趣吗?这个时装娃娃课程将介绍时装设计的基本知识，结合给孩子们简单和有趣的体验，从而促进一切孩子们所需要的，让他们自己尝试独特的设计。课程内容是为孩子们设计的，以探索时装设计，从草图的想法，到协调面料与装饰，到在一个小人体模型上创造服装与饰品。它包括素描本，记号笔，织物，缎带，蝴蝶结，别针，一个人体模型，以及更多的指导和灵感的启发。所以这对你的孩子的创造力将有很大的帮助。芭比娃娃的时尚服饰服装设计是一个经典的艺术世界。小小的娃娃，可以做出最具创意和个性的艺术设计。本期我们的重点是不同服装主题的艺术创作。同时，也要对不同的材料进行各种大胆的尝试。从简单的单层气球创意服装，到复杂全套的内外服装与饰品搭配挑战，看似简单的可能并不简单，而看似复杂的实际也许并不复杂。通过你的双手，让你的娃娃们“生动”起来。

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: A106

Club Leader: Ms. Wang Jinmei (Guest teacher)

Club Fee: 2170 RMB/season

Teaching Language: Chinese

Chinese Painting and Poetry

诗画国学



Chinese painting is one of the quintessence of Chinese traditional culture. Ancient poetry is a unique style of Chinese with special formats and rhythms. What kind of visual feast will be brought by the combination of Chinese painting and ancient poetry? This teaching will lead children to experience the artistic conception of poetry, learn to extract key words and play associations, and construct pictures. The history of Traditional Chinese painting and short stories behind poetry will also be interspersed. With one brush, one paper and one ink, traditional Chinese culture and philosophy are concentrated in each brush. Let students experience traditional Chinese painting without stylization and restore the original meaning of traditional Chinese painting, which is lively, interesting and profound. At the same time, the basic training of painting will be integrated into each lesson, which will subtly improve students' ability to control pictures. Encourage children to develop themselves and experience the positive, healthy and vibrant philosophy of Chinese culture through the series of courses.

中国画乃中国传统文化的国粹之一。古诗词是中文独有的一种文体,有特殊的格式及韵律。中国画和古诗词两大中华精粹的结合,会带来怎样的视觉盛宴呢?本期教学将带领孩子们体会诗歌意境,学会提炼关键词语和发挥联想,构建画面。国画的历史、诗词背后的小故事也将穿插其中。一笔、一纸、一墨,中国传统文化和哲学浓缩于间。让学生体验不程式化的国画,复原国画灵动、趣味、深厚的本义。同时提升绘画基础的训练将融入每一课,潜移默化的提高学生的画面把控能力。鼓励孩子们自我发挥,从系列课程中体会到中国文化中积极健康、生机勃勃的哲学观念。

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: A110

Club Leader: Mr. Zhang Zhijun (Guest teacher)

Club Fee: 2170 RMB/season

Teaching Language: Chinese

Pop dance

动感街舞



There are many benefits for children of any age to take street dance lessons. The typical lesson is 60 minutes of moderate to vigorous exercise. Raising your heart rate can protect your cardiovascular health. Hip-hop moves also strengthen the muscles in the arms, legs and core, as well as improve bone and joint health. Dynamic music drives the rhythm of the body. Children learn and experience hip-hop, which makes their bodies more flexible and flexible, which can enhance their physique and promote their intellectual development. Fitness, body shaping, encourage creativity, imagination, perseverance, enhance children's confidence in self-expression; Hip-hop is so relaxed and unrestrained. Show yourself in the class of hip-hop, break through yourself!

考虑报名参加街舞班的孩子将是一个伟大的选择!街舞以其有趣、乐观的风格而闻名，它可以是孩子们健康、积极生活方式的一部分。街舞班对每个人都很好，但对孩子们来说，它不仅为他们的活力提供了一个很好的发泄渠道，而且还提供了艺术表达。跳舞需要大量的身体活动，可以帮助你的孩子更健康，但通过运动，也可以教他们如何变得优雅，可以帮助发展他们的协调和平衡。街舞并不总是关于“强力”和“碰撞”，它也需要优雅的动作和融合不同的舞蹈风格，如爵士舞，甚至抒情的舞蹈技巧，这将帮助你的孩子发展新的天赋和技能。街舞课对任何年龄的孩子都有很多好处，60分钟的中等到高强度的运动。提高心率可以保护心血管健康。街舞动作还能增强手臂、腿部和核心部位的肌肉，还能改善骨骼和关节的健康。来参加街舞俱乐部吧，让我们动起来，跳起来。

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: LPS-Drama room

Club Leader: Ms. Yang Xiaonan (Guest teacher)

Club Fee: 2170 RMB/season

Teaching Language: Chinese

Tae Kwon Do

跆拳道



Tae Kwon Do is a very challenging course. It allows taekwondo practitioners to have a healthy and strong body, good physical reaction ability. Let the learner become psychologically confident and physically stronger. In taekwondo, there is a basic framework and level standard. When children practice, they can clearly detect their own progress and improve their skills. The learning is more systematic and convenient, and the teacher is very good at testing the learning effect of the students.

跆拳道是一门非常有挑战性的课程。它让跆拳道修炼者拥有健康强健的体魄，良好的身体反应能力。让学习者从心理上变得自信，实力上变得更强。跆拳道有基本的框架，等级标准，孩子在练习的时候，能够明显的察觉自己的进步，与功力提升。学起来比较系统便捷，老师也很好学生们检测学习的效果。礼义，廉耻，忍耐，克己，百折不屈”是跆拳道所要传达的精神，跟中国的儒家思想十分贴合。一个人如果同时拥有了这些品质，那他的内心世界一定很富足。

Eligible Students: K-G2

Maximum Number: 20

Time: Monday 15:45-16:45

Club Location: LPS-Drama room

Club Leader: Mr. Luo Cheng (Guest teacher)

Club Fee: 2170RMB/season

Teaching Language: Chinese

Children Oil Painting

儿童油画



Children's oil painting course focuses on cultivating the basic stage of children's modeling ability -- the understanding of line and geometric form. According to the characteristics of children's hand muscles, the fine degree of hand muscles is trained by pen control exercise. Let the children know and get familiar with painting tools, and will choose and maintain them after use. The series aims to introduce students to "painting as a form of expression". Learn a means of expression to make your life more active and healthy. Make life more active, healthy and upward according to the development needs of students, observe natural objects, encourage the spirit of creation! Guide students to learn to observe, active observation. Help students improve the enthusiasm of practice. Instead of stylized teaching, encourage students to play by nature. Let the students enhance the picture confidence in the course.

儿童油画课程着重培养孩子们造型能力的基础阶段——线与几何形态的认识，针对青少年儿童手部肌肉特点，以控笔练习进行手部肌肉的精细度训练。让孩子们了解并熟悉绘画相关工具，并会自己挑选及用后维护。系列课程旨在向学生介绍：“绘画是一种表达方式”。学会一种表达手段，让生活更加积极主动，健康向上。让生活更加积极主动，健康向上依据学生的发展需求，观察自然实物，鼓励创作精神！引导学生学会观察，主动观察。助于学生提高练习的积极性。摒弃程式化教学，鼓励学生天性发挥。让学生在课程中增强画面自信。

Eligible Students: K-G2

Maximum Number: 20

Time: Monday 15:45-16:45

Club Location: A104

Club Leader: Mr. Chang Shouzhu (Guest teacher)

Club Fee: 2170RMB/season

Teaching Language: Chinese

Magic and tricks

魔术表演魅力



Learning basic principles of magic like learning chords on a guitar once you know a few simple principles who can build your whole magic routine. And if you are smart enough to work silently, it brings out a huge amount of wonder. The Magic class is designed to provide the skills and knowledge necessary to perform basic magic, such as: Card Magic, Rope tricks, Misdirection of sounds, Sleight of hand, Misdirection Mentalism, , Cups and Balls, Coin Manipulation, psychology of magic. Beyond the entertainment value, the Magic Class helps improve their coordination, visual perception, spatial relationships, critical thinking, creativity, public speaking skills, self-confidence, and imagination. If you are good at magic, you will automatically get good at a certain kind of actor. Magic forces you to learn about storytelling, assumptions about the way we perceive the world. You must be empathetic, you must try to see yourself to another person's eyes and we think you have to simply say that one of the things that make life worth living is giving other people joy. So, let's make the world around you laugh.

学习魔术的基本原理就像学习吉他的和弦，一旦你知道一些简单的原理，谁就可以建立你的整个魔术的王国。如果你足够聪明，哪怕是默默无声的表演，也会带来巨大的奇迹。魔术课程的目的是提供必要的技能和知识来表现魔术，如：卡片魔术，绳子戏法，声音的误导，手的花招，误导心灵魔法，杯子和球，硬币操纵，魔术心理学等。除了娱乐价值外，魔术课还能帮助提高孩子们的协调能力、视觉感知能力、空间关系能力、批判性思维能力、创造力、演讲能力、自信和想象力。如果你擅长魔术，你就会自然而然地擅长某种类型的表演。魔法会让你学会讲故事，学会假设我们感知世界的方式。你必须要有同理心，你必须试着从别人的眼中看自己，我们认为你必须说，让生活有意义的事情之一就是给别人快乐。所以，让我们用魔术让你周围的世界欢笑吧。

Eligible Students: K-G2

Maximum Number: 20

Time: Monday 15:45-16:45

Club Location: A105

Club Leader: Mr. Lv Tao (Guest teacher)

Club Fee: 2170RMB/season

Teaching Language: Chinese

Space exploration

星空天文探秘



Getting your child interested in astronomy will give them a lifetime of joy and satisfaction, and a sense of wonder about the universe that may become a lifelong hobby and may help them later in their careers! Participation in astronomical activities will help foster an interest in science. Children are naturally curious, so any mission you engage with them in astronomy, the future of humanity, is bound to bring additional questions. Understand the mystery of the planet, explore the mystery of the universe, can enjoy unlimited fun! Earth science is important because it is a window into other sciences and because it helps students develop critical thinking skills. With biology, chemistry and, in addition, earth sciences connect the world of science to the everyday experiences of all students. Students studying earth sciences will gain a better understanding of the value of Earth's resources, how their components are related, and the need to explore the survival of the planet and its people. Our earth is magical, and our classroom is exactly the same.

让你的孩子对天文学产生兴趣会给他们带来一生的快乐和满足，对宇宙产生一种好奇感，这可能会成为他们一生的爱好，也可能会为他们以后的职业生涯提供帮助!参与天文活动将有助于培养对科学的兴趣。孩子们天生就很好奇，所以你和他们一起参与的任何天文学任务肯定会带来额外的问题，天文学是人类的未来。了解星球的奥秘，探索宇宙的奥秘，既能享受无限的乐趣!地球科学很重要，因为它是了解其他科学的一个窗口，也因为它帮助学生发展批判性思维技能。与生物学、化学和此外，地球科学将科学世界与所有学生的日常经验联系起来。学习地球科学的学生将更好地理解地球资源的价值，它们的组成部分是如何相关的，以及探究地球和人类生存的需要。我们的地球是神奇的，而我们的课堂也完全一样。

Eligible Students: K-G2

Maximum Number: 20

Time: Monday 15:45-16:45

Club Location: A106

Club Leader: Ms. Zhang Jingying (Guest teacher)

Club Fee: 2170RMB/season

Teaching Language: Chinese

STEAM-Robotics

创客机器人



Making different kinds of robots will help the students to build their imagination, enhances concentration, planning ability, and cultivates their comprehensive quality. Robotics class forces them to work through complex logic problems and will improve crucial puzzle-solving skills. In addition to this, it also gives them the ideal opportunity to learn how to handle making mistakes. This teaches them the skill that is required for creating precise and accurate instructions and also has fun while learning these valuable lessons. Teaching robotics in schools facilitates students to learn how science, engineering, math, and technology work in integration. Enhances Creativity.

制作不同类型的机器人可以帮助学生建立想象力，提高注意力和规划能力，培养学生的综合素质。机器人课程强调他们解决复杂的逻辑问题，并将提高动手解决问题的技能。除此之外，这也给了他们一个理想的机会来学习如何处理犯错。这将教会他们创造精确且准确的指示所需要的技能，并在学习这些宝贵经验的同时获得乐趣。在学校教授机器人技术可以帮助学生了解科学、工程、数学和技术是如何集成工作的。提高创造力。

Eligible Students: K-G2

Maximum Number: 20

Time: Monday 15:45-16:45

Club Location: A107

Club Leader: Ms. Cai Yunqing (Guest teacher)

Club Fee: 2170RMB/season

Teaching Language: Chinese

Basketball

篮球俱乐部



The basketball club provides high-quality basketball training, games, basketball camps. Through training and competitions, you will develop willpower, team spirit, and strong personality. At the same time, we hope that students can become confident and positive through basketball, good at commonality and willing to share.

***The club will be on a regular basketball court on the main campus. The pick-up will be at the gate of the main campus.**

篮球俱乐部提供优质的篮球训练，比赛，篮球训练营。通过训练，比赛锻炼意志品质，培养团队精神，塑造人格，同时希望同学们通过篮球变的自信阳光，善于共同，乐于分享的性格。

*本俱乐部在主校区篮球场训练。俱乐部结束后，请家长在主校区正门接学生。

Eligible Students: K-G2

Maximum Number: 20

Time: Thursday 15:45-16:45

Club Location: Basketball Court West (Main Campus)

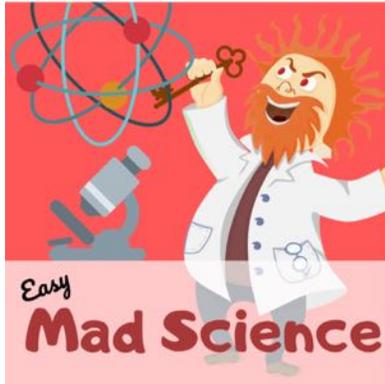
Club Leader: Mr. Dova& Mr. Su Lipeng (Guest teacher)

Club Fee: 2100 RMB/season

Teaching Language: English/Chinese

Mad Science

神奇科学家



Mad Science Curricula: Core Value: Hands-on & Have Fun. In this season, Mad Science will include Foundation of Science; Biological Science; Energy and Health; Space Exploration. Students learn observational skills to feed their curiosity and develop initiative and creativity. They learn new experiences and apply previous science knowledge to solve problems.

神奇科学家课程的核心价值是动手实验和趣味性。每个赛季主要内容包括科学基础，生物科学，能量和健康以及太空探索。在这里，学生们将学习满足其好奇心的科学观察技巧并发挥其主动性和创造力。在学习新知的同时，学生们还会学习如何运用已知的科学知识解决现有的问题。

Eligible Students: K-G2

Maximum Number: 20

Time: Thursday 15:45-16:45

Club Location: A107

Club Leader: Ms. Shen Liyun (Guest teacher)

Club Fee: 2400 RMB/season

Teaching Language: Chinese/English

Aikido

合气道



Aikido is a modern Japanese martial art. Aikido is now practiced in around 140 countries. It was originally developed by Ueshiba Morihei, as a synthesis of his martial studies, philosophy and religious beliefs. Ueshiba's goal was to create an art that practitioners could use to defend themselves while also protecting their attackers from injury. Aikido is often translated as "the way of unifying (with) life energy" or as "the way of harmonious spirit". According to the founder's philosophy, the primary goal in the practice of aikido is to overcome oneself instead of cultivating violence or aggressiveness. Aikido's fundamental principles include: irimi(entering), atemi,kokyu-ho (breathing control), sankaku-ho (triangular principle) and tenkan (turning) movements that redirect the opponent's attack momentum. Its curriculum comprises various techniques, primarily throws and joint locks.It also includes a weapons system encompassing the bokken, tantō and jō.

合气道是起源于日本的武术，全球有 140 余个国家练习。由植芝盛平所开创，开创的合气道包含哲学，植芝盛平的目标是创造一种合的武术，练习者可以用它来保护自己，同时将攻击者制服并保护攻击者免受伤害。合气道通常被翻译为“统一（与）生命能量的方式”或“和谐精神的方式”。根据创始人的理论，合气道练习的主要目标是克服自我，而不是培养暴力或侵略性。合气道的基本原则包括：irimi（入身）、kokyu ho（呼吸控制）、sankaku ho（三角原则）和 tenkan（转身）动作，这些动作可以改变对手的进攻势头。它的课程包括各种技术，主要是投掷和关节控制。它还包括器械系统，包括剑和杖。

Eligible Students: K-G2

Maximum Number: 20

Time: Wednesday 15:45-16:45

Club Location: LPS-PE room

Club Leader: Mr. Song Chen (Guest teacher)

Club Fee: 1900RMB/season

Teaching Language: Chinese

Uniform: Paid separately after club starts 280RMB (Only for new Aikido students)